

# **Metoprolol Succinate Extended** Release Tablets IP 25 mg

**Metlio XL-25** 

मैटलियो एक्सएल-25

10 x 10 Tablets

**Composition :** Each film coated extended release tablet contains : Metoprolol Succinate IP 2: Excipients Colour : Titanium Dioxide IP

Dosage: As directed by the Physician. Store in a cool, dry & dark place. Protect from light & moisture.

Tablet should be swallowed as whole, not to be chewed or crushed

Keep all medicines out of reach of children.

Manufactured by: Mascot Health Series Pvt. Ltd. At-Plot No. 52, Sec-6A, IIE, Sidcul, Haridwar-249403, Uttarakhand.

#### **METLIO XL-25 TAB**

## **Composition:**

Each tablet contains Metoprolol Succinate 25 mg.

## **General Information:**

METLIO XL-25 TAB is a beta-blocker medication primarily used for managing high blood pressure (hypertension), angina (chest pain), and certain heart rhythm disorders. It helps reduce the risk of heart attacks and strokes by relaxing blood vessels and slowing the heart rate, ensuring better blood flow and reduced strain on the heart.

# Class:

Beta-Blockers (Selective β1-adrenergic receptor blocker).

## **Indications and Uses:**

- Hypertension (high blood pressure).
- Angina (chronic chest pain).
- Heart failure management (as adjunctive therapy).
- Prevention of heart attacks.

• Management of arrhythmias (irregular heartbeats).

# **Common and Less Common Side Effects:**

## **Common Side Effects:**

- Dizziness or lightheadedness.
- Fatigue or weakness.
- Slow heartbeat (bradycardia).
- Cold hands and feet.

## **Less Common Side Effects:**

- Sleep disturbances or vivid dreams.
- Shortness of breath.
- Depression or mood changes.
- Gastrointestinal issues like nausea or diarrhea.

# **Doses and Administration:**

- Take METLIO XL-25 TAB as prescribed by your doctor.
- Usually taken once daily, with or without food.
- Swallow the tablet whole; do not crush or chew.

# **Warnings and Precautions:**

- Monitor heart rate and blood pressure regularly.
- Use cautiously in patients with asthma, diabetes, or thyroid disorders.
- Do not stop taking the medication suddenly without consulting your doctor, as it may worsen your condition.

# **Drug Interactions:**

- May interact with other antihypertensive drugs, antidiabetic medications, or NSAIDs.
- Inform your doctor if you are taking medications like digoxin, amiodarone, or calcium channel blockers.

# **Contraindications:**

• Severe bradycardia (very slow heart rate).

- Hypotension (low blood pressure).
- Cardiogenic shock.
- Known hypersensitivity to Metoprolol or any component of the medication.

## Dos and Don'ts:

## Dos:

- Take the medication at the same time daily for best results.
- Follow your doctor's instructions strictly.
- Inform your doctor if you experience any unusual symptoms.

#### Don'ts:

- Avoid alcohol consumption, as it may increase side effects.
- Do not skip doses or double the dose if missed.
- Avoid abrupt discontinuation without medical advice.

# **Before Taking METLIO XL-25 TAB:**

- Inform your doctor if you have kidney or liver problems, asthma, or heart conditions.
- Discuss any other medications or supplements you are taking.
- If pregnant or breastfeeding, consult your doctor before starting this medication.

# **Quality Assurance:**

METLIO XL-25 TAB is a quality product from **Econ Healthcare Pvt Ltd**, designed for patient safety and efficacy.

# **Contact Information:**

Address: 11, First Floor, Science City Road, Sola, Ahmedabad.

Phone Number: +91 635-6666-700 Email: info@econhealthcare.net Website: www.econhealthcare.net

## Disclaimer:

This information is for general understanding only and should not replace professional medical advice. Always consume this medication under the guidance of your doctor. Do not alter the prescribed dosage without consulting your healthcare provider.

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