



Brand Name: RAMITOP 2.5MG TAB **Active Ingredient**: Ramipril 2.5mg

General Information:

RAMITOP 2.5MG TAB is a medication that contains **Ramipril**, an **angiotensin-converting enzyme** (ACE) inhibitor. It is primarily used to treat high blood pressure (hypertension), chronic heart failure, and to improve survival after a heart attack. Ramipril works by relaxing blood vessels, making it easier for the heart to pump blood, and it helps lower blood pressure, which reduces the risk of strokes, heart attacks, and kidney problems.

Indications and Uses:

- Treatment of high blood pressure (hypertension)
- Management of chronic heart failure
- Post-heart attack care to improve survival
- Reduces the risk of stroke and kidney damage in people with diabetes
- Prevention of heart failure in high-risk patients

Common Side Effects:

- Dizziness or lightheadedness
- Cough
- Fatigue
- Headache

Less Common Side Effects:

- Elevated potassium levels in the blood (hyperkalemia)
- Low blood pressure (hypotension)
- Swelling of the face, lips, or throat (angioedema)
- Nausea or vomiting

Dosage and Administration:

- The usual starting dose is 2.5 mg once daily.
- Depending on the condition, your doctor may increase the dose gradually.
- The tablet can be taken with or without food.
- Always follow the instructions provided by your doctor or healthcare provider regarding dosage.

Warnings and Precautions:

- Take RAMITOP with caution if you have a history of kidney disease, liver disease, or heart problems.
- Monitor your blood pressure regularly while on this medication, as it may cause a significant drop.
- Avoid taking potassium supplements or salt substitutes containing potassium without your doctor's approval.
- Do not take RAMITOP if you are pregnant or breastfeeding without consulting your doctor.

Drug Interactions:

- Potassium-sparing diuretics or potassium supplements can increase the risk of hyperkalemia.
- Nonsteroidal anti-inflammatory drugs (NSAIDs) may reduce the effectiveness of RAMITOP.
- Lithium levels may increase when taken with RAMITOP.
- Inform your doctor about all medications you are taking, including prescription, over-the-counter drugs, and herbal supplements.

Contraindications:

- Known hypersensitivity to Ramipril or any ACE inhibitors.
- History of angioedema (swelling of the face, lips, or throat) related to ACE inhibitors.
- Pregnancy and breastfeeding.

Dos and Don'ts:

- **Do** follow your doctor's prescribed dosage and schedule.
- **Do** stay hydrated and monitor your blood pressure regularly.
- **Do not** discontinue the medication abruptly without consulting your doctor.

• **Do not** take during pregnancy or breastfeeding unless explicitly directed by your doctor.

Before Taking:

- Inform your doctor if you have any kidney or liver problems.
- Mention if you are allergic to any medications, including ACE inhibitors.
- Be sure to tell your doctor if you are using any other medications, especially diuretics or potassium supplements.

Quality Assurance:

RAMITOP 2.5MG TAB is a high-quality product manufactured by **Econ Healthcare Pvt Ltd**, a trusted name in the pharmaceutical industry. This medication is produced in accordance with the highest standards to ensure its safety and effectiveness.

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Disclaimer:

This information is provided for educational purposes only and is not intended to replace the guidance of a healthcare professional. Always take RAMITOP 2.5MG TAB according to the instructions of your doctor. Do not change the prescribed dose without consulting your healthcare provider.

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